



Experience the enchanting island of Sri Lanka for an unforgettable retreat for dancers and non-dancers. This will be a getaway with endless possibilities.

Your retreat leader will be Samiya Sahabdeen, the founder of Santhosh Retreats and a native of Sri Lanka. She is ably supported by her excellent dance team from London, Nuno, Edgars, and Gigo. Samiya is passionate about sharing her Island home with all its sacred sites and tranquil landscapes. This nine-day journey from January 30th to February 8th will kickstart in Colombo with an exciting Gala ball with performances and music followed by an adventure to the beautiful beaches and historical sites. Your days will be filled with treks and sightseeing, and your nights will be filled with music and dance.

Throughout your journey you will stay at a mix of luxury hotels and charming seaside villas, with a carefully curated programme including sightseeing, dancing, trekking, and free time to relax.

Whether you want to join the entire program or part of it, this retreat promises a genuinely enriching and unforgettable experience.



Santhosh Retreats Sri Lanka

Full Programme

Thursday, 30th January 2025 - Arrival in Colombo -Sri Lanka

Friday, 31st January 2025 – Gala Dinner Dance in Colombo

Saturday, 01st February 2025 – Travel from Colombo to Tangalle with a stop at the famous Galle Dutch Fort.

Sunday, 2nd February 2025 – Tangalle – Beach life and experiences.

Monday, 03rd February 2025 – Day trip from Tangalle to Yala safari park.

Santhosh Retreats Full Programme, Continued

Tuesday, 04th February 2025 – Travel from Tangalle to Colombo – Evening dinner and show

Wednesday, 05th February 2025 – Travel from Colombo to Anuradhapura with an en-route stop at the Dambulla Rock Cave Temple

Thursday, 06th and Friday 7th February 2025 – Anuradhapura (various sightseeing trips and treks)

Saturday 8th February 2025 – Anuradhapura to International Airport for your return flight

**All evenings will have Social Dance nights and music in addition to classes in between sightseeing trips

A more detailed programme of your day to day activities consisting of visits, classes and entertainment will be released in due course. However, if you wish to discuss this prior to booking please get in touch and we will be happy to talk to you.

PRICES AND PACKAGES

BLUE SAPPHIRE PACKAGE - FULL TOUR PACKAGE - 9 NIGHTS/10 DAYS

SHANGRI-LA/CINNAMON LIFE - COLOMBO, TARU VILLAS MAWELLA & ULAGALLA



Accommodation and Meal Plan:

- Accommodation on Bed & Breakfast basis at the hotel in Colombo (03 nights 30 & 31 Jan. & 04
 Feb. 2025)
- Accommodation on Full-Board basis at Hotel in Tangalle (02 nights 01 & 02 Feb 2025) and Half Board basis (01 night 03 Feb 2025).
- Lunch at an outside location (03 Feb 2025).
- Accommodation on Full-Board basis at Ulagalla Resort (03 nights 05, 06 & 07 Feb 2025)
- Special Kamatha Dinner arrangement on the first night at Ulagalla (05 Feb 2025)

Logistics in Sri Lanka:

- Transport in an air-conditioned Coach with the services of an English-speaking National Guide
- Arrival and departure airport transfers (vehicle categories will change based on how many would be on the same flight)

Guided Visits and Excursions in Sri Lanka:

- Colombo city tour
- Visit to the Galle Dutch Fort.
- One (01) Safari at the Yala National Park.
- Visit to the Dambulla Cave Temple.
- Visit to Sigiriya & Polonnaruwa
- Nature Walk arranged by Ulagalla (maximum 15 pax per walk).

Services:

- VAT (Value Added Tax) & Tourism Tax.
- In-vehicle Wi-Fi
- Water (02 bottles per person per day).

EXTRA Inclusions:

• Gala Dinner Dance on 31 Jan. 2025

EARLY BIRD PRICE - BOOK BEFORE 15 JUNE 2024

£ 3,550.00 per person sharing a DBL/TWIN room £ 1,330.00 supplement for SGL room

BOOKINGS FROM 16 June 2024 onward

£ 3,905.00 per person sharing a DBL/TWIN room £ 1,463.00 supplement for SGL room

AQUAMARINE PACKAGE - COLOMBO AND BEACH PACKAGE - 4 NIGHTS/5 DAYS (1 NIGHT COLOMBO & 3 NIGHTS BEACH)

(SHANGRI-LA/CINNAMON LIFE - COLOMBO & TARU VILLAS MAWELLA)



Accommodation and Meal Plan:

- Accommodation on Bed & Breakfast basis at the hotel in Colombo (or night 31 Jan. 2025)
- Accommodation on Full-Board basis at Hotel in Tangalle (02 nights 01 & 02 Feb 2025) and Half Board basis (01 night 03 Feb 2025).
- Lunch at an outside location (03 Feb 2025).

Logistics in Sri Lanka:

- Transport in an air-conditioned Coach with the services of an English-speaking National Guide
- Arrival and departure airport transfers (vehicle categories will change based on how many would be on the same flight)

Guided Visits and Excursions in Sri Lanka:

- Visit to the Galle Dutch Fort.
- One (01) Safari at the Yala National Park.

Services:

- VAT (Value Added Tax) & Tourism Tax.
- In-vehicle Wi-Fi
- Water (02 bottles per person per day).

EXTRA Inclusions:

• Gala Dinner Dance on 31 Jan. 2025

EARLY BIRD PRICE - BOOK BEFORE 15 JUNE 2024

£ 2,350.00 per person sharing a DBL/TWIN room £ 470.00 supplement for SGL room

BOOKINGS FROM 16 June 2024 onward

£ 2,585.00 per person sharing a DBL/TWIN room £ 517.00 supplement for SGL room

TOPAZ PACKAGE - COLOMBO & CULTURAL TOUR PACKAGE - 4 NIGHTS/5 DAYS (1 NIGHT COLOMBO & 3 NIGHTS ANURADHAPURA)

(HILTON COLOMBO & ULAGALLA)



Accommodation and Meal Plan:

- Accommodation on Bed & Breakfast basis at the hotel in Colombo (or night 04 Feb. 2025)
- Accommodation on Full Board basis at Ulagalla Resort (03 nights 05, 06 & 07 Feb 2025)
- Special Kamatha Dinner arrangement on the first night at Ulagalla (05 Feb 2025)

Logistics in Sri Lanka:

- Transport in an air-conditioned Coach with the services of an English-speaking National Guide
- Arrival and departure airport transfers (vehicle categories will change based on how many would be on the same flight)

Guided Visits and Excursions in Sri Lanka:

- Visit to the Dambulla Cave Temple.
- Visit to Sigiriya & Polonnaruwa
- Nature Walk arranged by Ulagalla (maximum 15 pax per walk).

Services:

- VAT (Value Added Tax) & Tourism Tax.
- In-vehicle Wi-Fi
- Water (02 bottles per person per day).

EARLY BIRD PRICE - BOOK BEFORE 15 JUNE 2024

£ 2,355.00 per person sharing a DBL/TWIN room £ 525.00 supplement for SGL room

BOOKINGS FROM 16 June 2024 onward

£ 2,590.50 per person sharing a DBL/TWIN room £ 577.50 supplement for SGL room



Package Information

The details of each package are provided for premium, deluxe and superior accommodation options.

Prices include accommodation, transport and guided tours with extras indicated where applicable.

ALL PACKAGES EXCLUDE:

- × ETA Mandatory VISA on Arrival.
- × International or domestic flights.
- * Travel insurance & medical insurance.
 - × Paid optional excursions.
 - × Expenses of any personal nature.
 - × Tips/gratuities and porter age.
- × Any other services not specified above.
- × Any camera/video permits required at sites
 - × Wine, Beer or any Alcoholic beverages
 - × Dance programme (31 Jan. 2025)

To book and confirm your trip, you will need to make an initial deposit payment of 25% prior to the 15th June 2024, to take advantage of the early bird registration

This initial 25% payment is NON refundable

We will not be responsible for any travel requirements such as visa fees and other requirements including travel insurance.

BLUE SAPPHIRE PACKAGE
AQUAMARINE PACKAGE
TOPAZ PACKAGE

THE SANTHOSH TEAM









BOOKINGS OPENED

Santhosh Retreats

welcome@santhoshretreats.com

+447557529500